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## Open Workshop for Chinese Knots

1. Select a project and let a volunteer help you gather supplies and tools. There are some sandwich bags that can be used to hold beads and small parts until you need them.
2. If you select cords from a bundle —**ALWAYS PULL FROM THE MIDDLE**  
YES—I know all caps means yelling and I meant to do that!
3. Follow directions or find someone to help if needed

### After you finish:

1. Clean up your area and any other mess you see around you
2. Return instructions and tools (instructions are available on YAPP)
3. Take a picture (optional)
4. Help someone else (not optional)

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### General Tips:

1. If you select cords from a bundle —**ALWAYS PULL FROM THE MIDDLE**  
YES—I meant to repeat that point!  
If you pull from an end, you will not have fun untangling the mess
  2. When tightening knots—keep the knot flat, tighten a little at a time and repeat
  3. When gluing a knot to a hair clip, put a piece of parchment paper or waxed paper in clip first to keep from gluing it shut
  4. For mask cord project: Use 2 cords, cut 10 inches from both and glue or knot the 2 long cords together. Make the double coin knot from the short cords first and trace with the end of longer cord.
  5. We have limited supply of cord this year because our favorite source has just reopened after being closed for many months, so we may run out of some of our favorite colors.
  6. If you want to purchase extra to take home, whatever is left after 4:30 on Sunday will be for sale at \$1 for 5 yards — cash only.
  7. The best source for Chinese Knot Cord is: [www.tanglesnknots.com](http://www.tanglesnknots.com)  
For camp we use 1.4MM and 2MM - the Chinese knot cord is braided and has a texture that helps the knot hold. Satin cord is pretty, but does not hold as well.
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## Project Ideas with Double Coin Knot



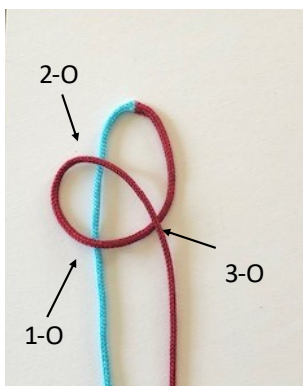
## Double Coin Knot

2 colors used to make it easier to see pattern.



the cord on the right  
(red) is the working end  
for step 1

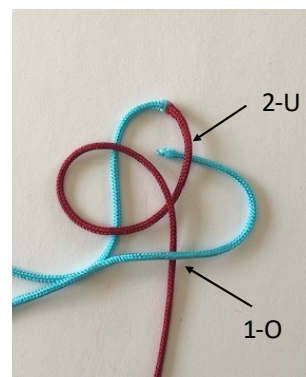
the cord on the left  
(blue) is the working end  
end for step 2



step 1 (red)

Use cord from the right  
to make butterfly wing  
on left

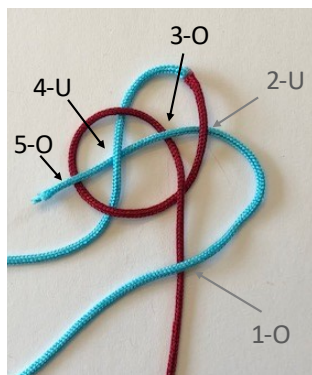
1-Over  
2-Over  
3-Over



step 2A (blue)

Use cord from the left  
right to make butterfly  
wing on right

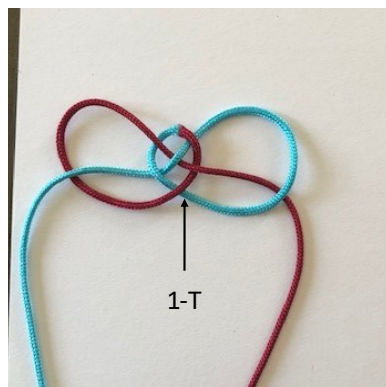
1-Over  
2-Under



step 2B (blue)

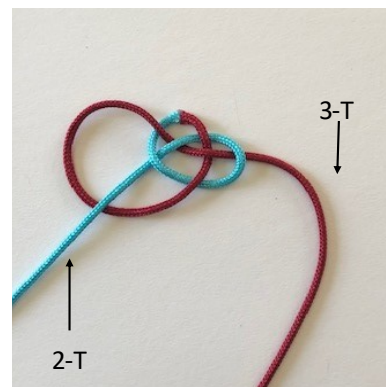
Continue weaving the  
cord from 2A

3-Over  
4-Under  
5-Over



Step 3

Tighten center loop—it makes an upside down tear drop.  
Place 1 finger gently over the center of the knot and pull one  
end at a time to tighten the wings.

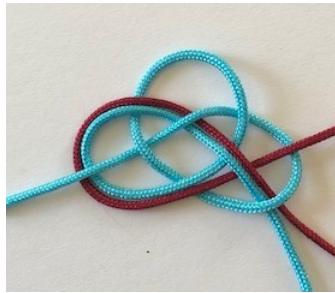
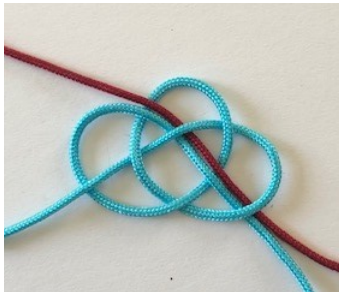
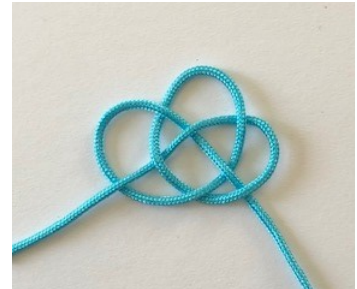




## Knot w/Parallel Cords — Method 1 (more steps but easier)

Tie knot with first cord—keep loose, but flat and even

Trace the path of first cord with second color—keeping second cord on the same side



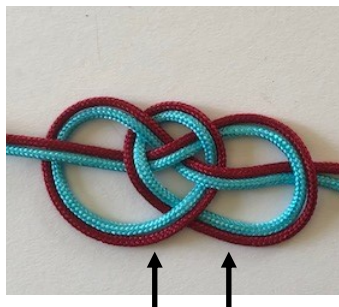
## Knot w/Parallel Cords — Method 2

Tie with 2 (or 3) cords at the same time, keeping knot flat and colors side-by-side



### Final step for either method —

Make sure the cords stay side by side  
(in this example the red cord is always on the outside of the blue loops)



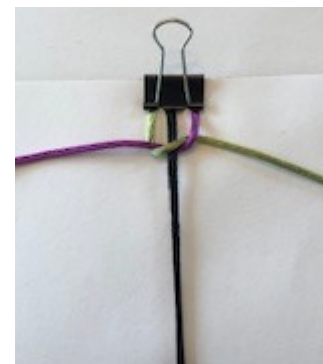
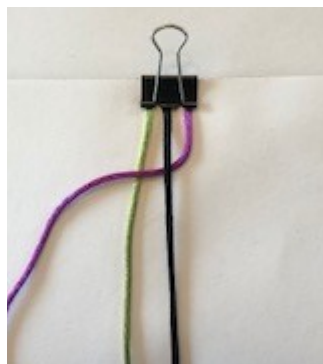
Place 1 finger on each side of the base of the center loop Here and Here. Gently tighten the center loop, keeping the cords flat.

To tighten outside loops, place 1 finger lightly over the center and slowly pull the inside cord (blue in this example) then the outside cord (red). Repeat for the other side.

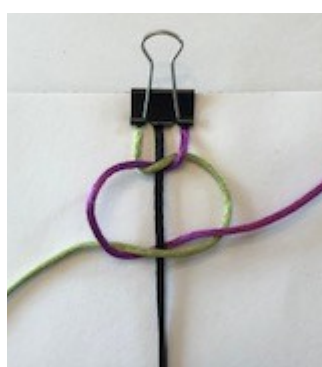
## Square Knot — a square has 4 sides, this knot has four steps for a complete knot.

*Start with accent color (purple) on the right of the center cords and main color (green) on the left of the center cords.*

1. Pass accent color under center (from right to left) and over main color
2. Pass main color over center (from left to right) and down through loop of accent color



*Now the accent color is on the left and the main color is on the right and you repeat steps in opposite direction*

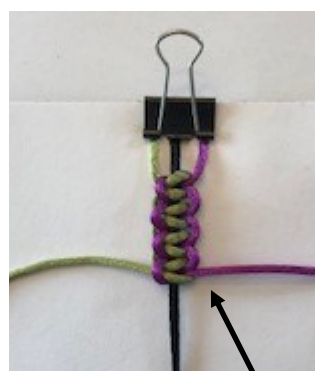


3. Pass accent color under center (from left to right) and over main color
4. Pass main color over center (from right to left) and down through loop of accent color

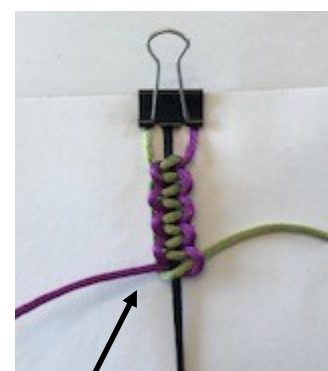
*First square complete*

*If you use 2 colors, the colors always pass the middle on the same side (accent color always goes under and main color always goes over).*

*If you use 1 color and lose your place on the steps, the cord that ended the last step going up, will go under the middle next.*



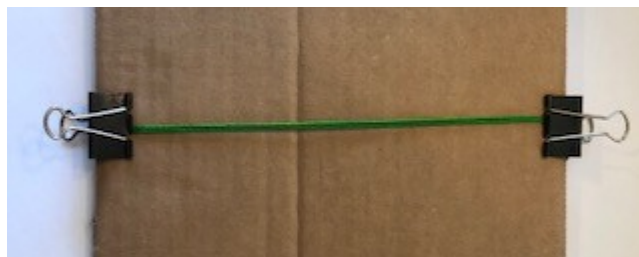
*This cord will go under next*  
Step 1



*This cord will go under next*  
Step 3

## Square Knot Bracelet

It is helpful to use cardboard and binder clips to hold the center cord in place while knotting. For your first bracelet, a series of square knots with or without beads looks nice. You can find a lot of variations on Pinterest.



The knotted section should be about 1–2 inches shorter than the finished bracelet (my examples are 6 inches). Leave about 6 inches on both ends for the tails.



### Closure—Method 1

You will need tails 3–4 inches and a separate cord about 12 inches.

Work 3–4 square knots over the tails. Carefully seal the end of the cord and secure with hot glue or stitch with needle and thread.



**Closure—Method 2** You will need tails 6 inches and 2 beads.

1. On each tail, make a LOOSE 2 loop over hand knot about 1/2 inch from the knotted section.
2. Before tightening, pass the tail from the other side through the loose knot.
3. Tighten knots.
4. Trim length if needed.
5. Add beads and finish ends with 2 loop overhand knot.

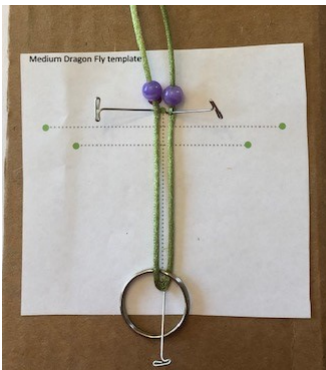




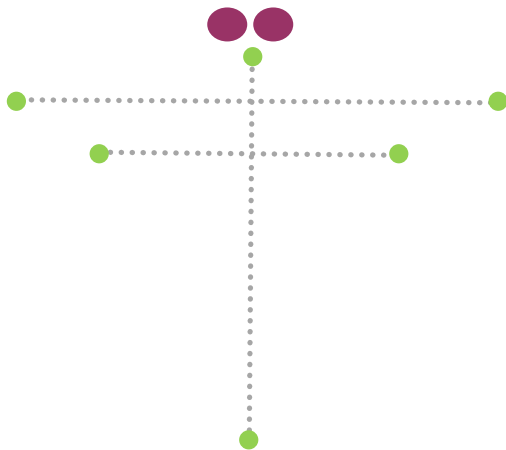
**Dragonfly** — 1 Yard of cord can make a small or medium dragon fly. The templates will help to make a consistent size.



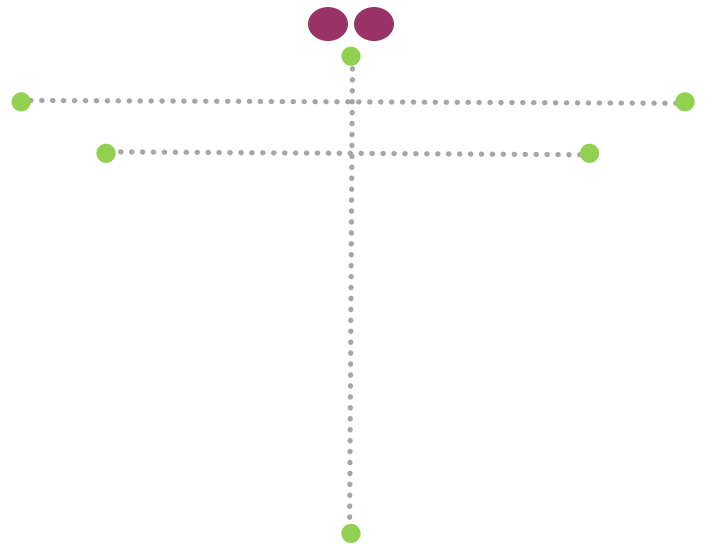
1. Pin the center of the cord at the bottom point.  
Optional—if you are making a keyring add that now.
2. Pin at top, just below where the beads match the dots for eyes.
3. Tie 1 square knot under the eyes  
Now is a good time to make adjustments to the center cords
4. Pin cords to form the large wings and tie 1 square knot
5. Pin cords to form the small wings and ties 5-6 square knots
6. Trim and seal the ends (melt with heat or add a drop of clear nail polish)
7. Add dot of glue on the cord ends to prevent unraveling (hot glue or clear nail polish)



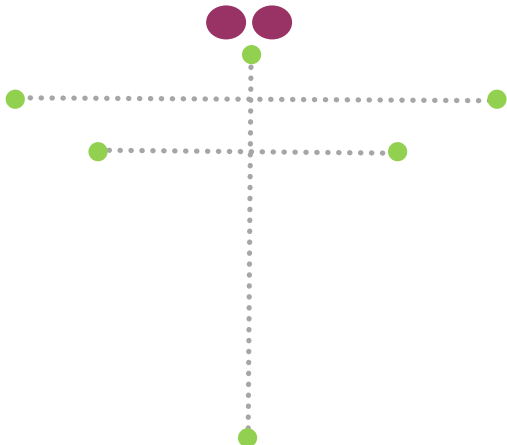
Small Dragon Fly template



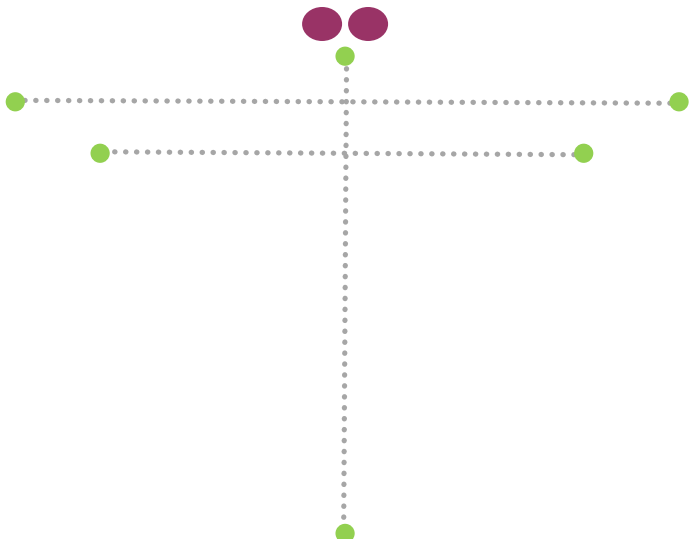
Medium Dragon Fly template



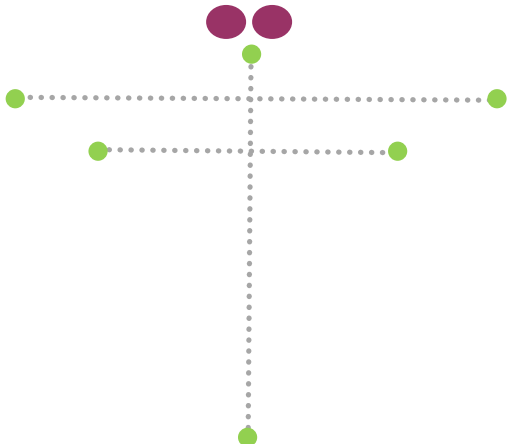
Small Dragon Fly template



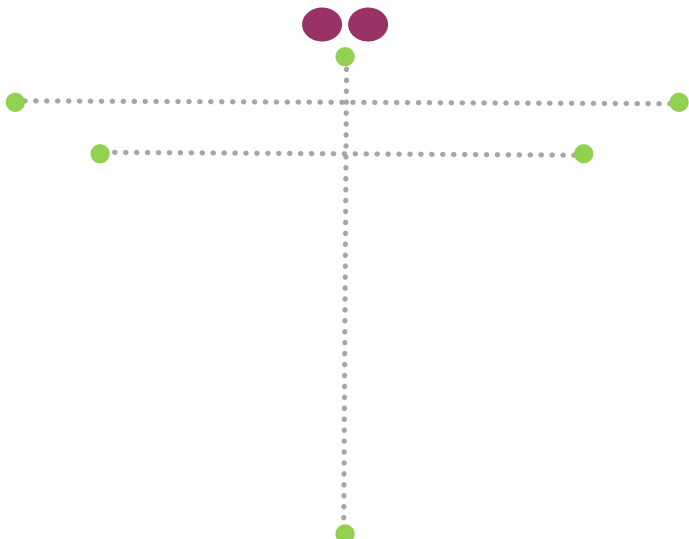
Medium Dragon Fly template



Small Dragon Fly template



Medium Dragon Fly template





## Flip Flops –

Dressing up some flip flops is a fun way to use multiple knots. A square knot is used for the straps. And they can be decorated with a double coin knot, a dragonfly or both!

For this project you need 8 cords for the straps plus any cords and beads needed for the optional decorations you choose.

*To start the knots over the straps:*

1. Hot glue 2 cords end to end for 1 long cord

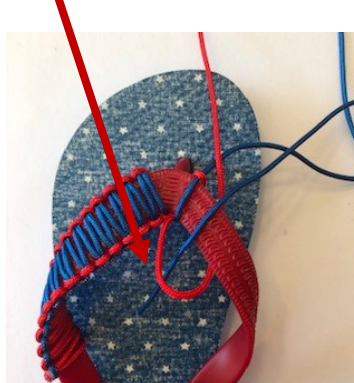
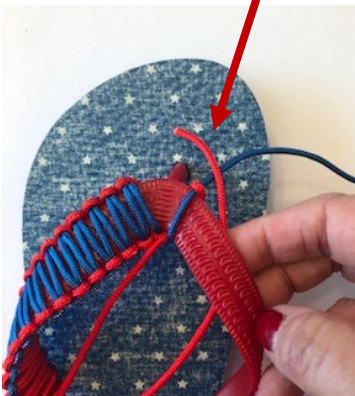
*For the first 1/2 of the knot:*

2. Cross one end of the accent color (red in picture below) over the main color (blue) and slide the loop under the strap
3. Pass main color (blue) from left to right over the strap and through the accent loop (red)



*For the second 1/2 of the knot:*

4. Pass the accent color (red) from left to right under the strap and over the main color (blue)
5. Pass the main color (blue) from right to left over the strap and through the accent loop (red)



Continue square knots until you are out of cord or have covered the length you want. Use hot glue to secure the ends and attach optional decorations.

